



DR. LAUREN D. PITTS

THERAPIST | SPEAKER | DEVELOPMENT COACH

EMPOWERING

EMPLOYEE MENTAL HEALTH

& INSPIRING

POSITIVE WORKPLACE DYNAMICS

SPEAKING TOPICS

- ✓ Employee Retention
- ✓ Candidate Selection
- ✓ Turnover
- ✓ Employee Engagement
- ✓ Employee Dissatisfaction
- ✓ Burnout / Work-Life Balance
- ✓ Job Transitions
- ✓ Vocational Stress
- ✓ Boundaries
- ✓ Coworker Conflict
- ✓ Managerial Conflict
- ✓ Critical Incidents

INTRODUCTION

Dr. Lauren Pitts-Bounds is a Licensed Therapist, Inspirational Speaker, and Personal & Professional Development Coach. Dr. Pitts' life serves as a compass to aid her in turning the adversities of her life into transformative opportunities for others.

WHAT PEOPLE SAY

"I felt everything she was saying and couldn't wait to put into action all of her tools of communication."

"Her ability to connect with the audience and the depth of her knowledge are remarkable."

STAY CONNECTED
drlaurendpitts.com



BOOK DR. PITTS

lauren@drlaurendpitts.com